



The Work of the Turner Societies (American Gymnastic Union): A Catechism (Classic Reprint)

By Ernst a Weier

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from The Work of the Turner Societies (American Gymnastic Union): A Catechism Just a Plain Question - What Is Turnerism? Turnerism means a System of Education, combining Rational Physical and Mental Development for the express purpose of strengthening the National power and fostering true patriotism. True patriotism stands for the preservation of Democracy and the attainment and maintenance of political, economic, religious and personal liberty. This system of education and these political principles are today and always have been promulgated and promoted by the American Gymnastic Union. Was There Any Systematic Physical Training Before Turnerism? Systematic and methodical physical training for the purpose of gaining strength, agility, health, grace and beauty, is known in the history of nations as Physical Education. Its highest development was reached in Ancient Greece, which attained a complete National gymnastic system of great value. In Ancient Rome physical training never became a part of popular education. It was used solely for military purposes. Physical training of the Roman soldiers created those formidable legions which secured Rome s world domination. In the...



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