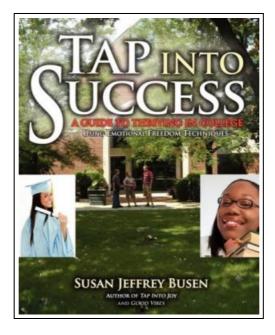
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TAP INTO SUCCESS: A GUIDE TO THRIVING IN COLLEGE USING EMOTIONAL FREEDOM TECHNIQUES



iUniverse, United States, 2008. Paperback. Book Condition: New. 234 x 188 mm. Language: English. Brand New Book ***** Print on Demand *****. Quick, simple, life-changing. A must for every college student. -Eric B. Robins, MD You are about to experience the biggest life makeover you could imagine at this crucial time in your life. Using two break-through techniques called Energy Therapy and Emotional Freedom Techniques (EFT), author Susan Jeffrey Busen shows you how to shift patterns of negative thoughts, emotions, and limiting beliefs so you can discover the infinite possibilities your life holds. This book contains simple, concise, step-by-step instructions to help you: -Eliminate anxiety -Conquer Fears -Break habits -Enhance performance -Gain confidence -Improve study habits -Increase comprehension -Get motivated -Maintain focus -Release dysfunctional or self-limiting behaviors -Enjoy your college experience -Excel in your field -Achieve great things -Create a better life Tap into Success will help you enhance all personal, academic, and physical aspects of your college experience. It is the essential guide to thriving in college and in life. This is the most important book you Il get in college! Susan Jeffrey Busen is an Energy Therapist, EFT Practitioner, and the author of Tap into Joy: A Guide to Emotional Freedom Techniques for Kids and Their Parents, and Good Vibes: 48 Tips to Raise Your Vibration-The Secret to Creating a Healthy Lifestyle and Attracting What You Want. She is a graduate of St. Mary s University of Minnesota and certified in Natural Health.



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