



Rhythms of Grace: Life-Saving Disciplines for Spiritual Leaders (Paperback)

By Dr David Williams

Barclay Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. There is no greater privilege in the Christian life than to serve as a spiritual leader within the body of Christ. Unfortunately, we are in the midst of a genuine crisis in the church today. Pastors and other spiritual leaders are leaving vocational ministry faster than we can replace them. This is due primarily to the crippling effects of burnout, a pastoral pathology resulting from a lethal combination of extraordinary job-related stress and woefully inadequate self-care. Most of us know someone experiencing burnout. They might be serving in your church right now, or more than likely, they may have recently left. They may be your friends; they may be part of your own family. So what is the cure? We find clues in the life of the prophet Elijah, in his practices of physical refreshment, spiritual renewal, and vocational realignment. And as you will see, when practiced on a regular basis these renewing rituals or rhythms of grace prove to be life-saving disciplines for spiritual leaders.

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