



## Change Your Life: 7 Key Tips to Have More Willpower and Stop Failure (Book 1)

By Alecia Lawrence

Createspace, United States, 2015. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Success Starts With Your Unstoppable Willpower Imagine what your life would look like if you could turbocharge your willpower? I can understand the frustration you feel when you set out to make a change in your life and for whatever reason. .your personal well of willpower dries up after the initial excitement of what the end result will bring into your life has fizzled away. Its seems so much easier for you to reach for that cookie, not exercise, watch TV or avoid doing the work because the option of you taking action feels like a drag. What if you could stop failure in its tracks like a sprinter at the finish line? What if you could discover what you could do immediately to have more willpower in the next second? These questions are that sparked a quest of self mastery with the #1 goal of cementing change in my life. Here is a glimpse of some of the other questions this book will answer: Is willpower a reliable source of power to create change in your life?...



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