

Smoothies - Detox your life : green & clean



Filesize: 3.6 MB

Reviews

This ebook is fantastic. It is actually written in straightforward terms rather than hard to understand. It has been designed in an extremely straightforward way and it is merely soon after I finished reading through this ebook through which in fact modified me, altered the way I really believe.

(Justice Wilderman)

SMOOTHIES - DETOX YOUR LIFE : GREEN & CLEAN



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Edition Michael Fischer Jan 2017, 2017. Buch. Condition: Neu. Neuware - Detox liegt im Trend: Den Körper entgiften und von unnötigem Ballast befreien, sich wieder leichter fühlen und neue Energie tanken - solch eine Gesundheitskur wirkt wahre Wunder! In 'Smoothies - Detox your life' hat die erfahrene Kochbuchautorin Tanja Dusy 20 unkomplizierte Rezepte mit einer Extraportion gesunder Vitalstoffe parat. Der Clou: Mit leckeren Smoothies gelingt der leichte Einstieg ins Thema Entgiften im Handumdrehen. Der Trend ist grün, clean und basisch - gesunder Treibstoff für Körper und Geist. Daumen hoch! 48 pp. Deutsch.

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