



Classic Recipes Of Poland (Hardback)

By Ewa Michalik

Anness Publishing, United Kingdom, 2013. Hardback. Condition: New. Language: English . Brand New Book. This is the best traditional food and cooking in 25 authentic regional dishes. You can explore the rich and varied delights of authentic Polish cuisine with 25 classic recipes. It features a wonderful collection of distinctive dishes and Polish specialities including Red Borscht, Hunter s Stew, Carp with Horseradish Sauce, Mushroom Dumplings, Stuffed Cabbage Rolls, Spiced Red Cabbage, and Honey and Almond Cookies. Chapters include Soups and Appetizers; Main Meals; Vegetables and Side Dishes; and Desserts, Cakes and Bakes. The introduction introduces the geography, culinary traditions and festivals of Poland, as well as describing the key ingredients of the region. It includes over 85 glorious photographs, showing key techniques and a perfect image of each finished dish. Complete nutritional information is given for every recipe to help with dietary planning. Poland is a land where good food and warm hospitality is at the heart of everyday life. Rooted in the tradition of living off the land, staple ingredients such as cereals, fish, pork and game and seasonal fruits are lovingly prepared to produce wholesome dishes that satisfy both body and soul. This delightful cookbook first explores...



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