



## An Extraordinarily Quirky Anthology of the Uncanny and Rum: The Random Musings and Observations from a Schizophrenic Mind

By Penfold Dax

Strategic Book Publishing Rights Agency, LLC, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Who but Penfold Dax could write a collection of poetry titled An extraordinarily quirky anthology of the uncanny and rum: The random musings and observations from a schizophrenic mind? According to Penfold: I started writing poetry a few years ago as a tool to help me manage the effects of schizophrenia. This method of utilizing occupational practices to aid my coping abilities is called occupational therapy and it is widely used in the field of mental health care. At first I started writing just for personal reasons, and I only saw it as a personal hobby to aid my own health. I found that writing or any form of artistic expression was extremely affective in doing so. Over a period of time I developed my own personal style, and after receiving very positive feedback from the people that I showed my work to, I decided to take writing poetry more seriously, resulting in the collection in this book. An extraordinarily quirky anthology presents a collection of poetry with both a serious and humorous...



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