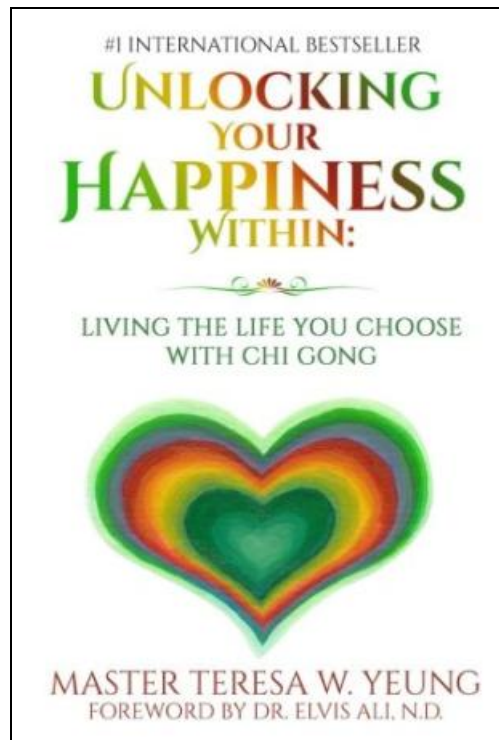


Unlocking Your Happiness Within: Living the Life You Choose with Chi Gong (Paperback)



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Reviews

Complete guideline for publication fans. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Llewellyn Terry)

UNLOCKING YOUR HAPPINESS WITHIN: LIVING THE LIFE YOU CHOOSE WITH CHI GONG (PAPERBACK)

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Join the Revolution Bringing the Traditional Techniques to the 21st Century. You can work like a laser and have unlimited energy. Master Teresa Yeung is an internationally recognized Master of Chi Gong, medical intuitive, speaker, healer and bestselling author who speaks on how to achieve your physical, emotional and spiritual balance with Chi Gong. She is the founder of Pureland Qi Gong(R) World Organization and The Seventh Happiness(R) School of Chi Gong, a certified private institution. She is the sole successor of Grandmaster Weizhao Wu's lineage. Wu was a distinguished Chi Gong master, educator and creator of the highly successful Wu's Eye Qi Gong helped millions of people. She is approved by National Certification Commission for Acupuncturists and Oriental Medicine (NCCAOM), U.S.A., as a continuing education professional development activity (PDA) provider. In this book, Master Teresa shares with you her findings on how to balance emotions using the art of Chi Gong breathing, visualization, and mindfulness. You will appreciate her revolutionary discovery of the Heart Chi Gong breathing exercises that balance your heart chakra, reduce stress, anxiety, depression, and sadness supporting belief change. Chi is the base of the Law of Attraction! Hear what some people have to say: Master Teresa has created a truly insightful book, which outlines powerful pathways to the healing energy that is the very essence of Heart Chi Gong. - Arthur Lockhart, Founder Emeritus of The Gatehouse Charitable Foundation The physical heart is the organ, which fails more often than any other. Heart Chi Gong is a masterful approach for releasing the cumulative psychological trauma underlying all heart disease. - C. Norman Shealy, MD, PhD., Founder and CEO of the International Institute of Holistic...

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