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Desiree Avres

COMPULSIVE EATING

CREATION HOUSE, United States, 2006. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book. Former Hollywood stuntwoman, Desiree Ayres offers a solution to the anxiety, depression, and physical challenges facing people who suffer with eating disorders. Drawing from her testimony of being healed of eating disorders, Ayres encourages readers to take responsibility for their emotional, spiritual, and physical health. She explains how negative selfimage and lack of support are some of the key stumbling blocks...

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GOD HUNGER: BREAKING ADDICTIONS OF ANOREXIA, BULIMIA AND



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