



## A Concise Introduction To Tibetan Buddhism, A (Paperback)

By John Powers

Shambhala Publications Inc, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book. Lucid and economical, this introductory text delivers a brisk, fast-moving survey of Tibetan Buddhism. For many years Powers s nearly 600-page Introduction to Tibetan Buddhism has served as the field s most authoritative and comprehensive overview of Tibet s distinctive Buddhist tradition. A Concise Introduction to Tibetan Buddhism explains the core Buddhist doctrines and the practices of meditation and tantra and provides a survey of the four main schools of Tibetan Buddhism.



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