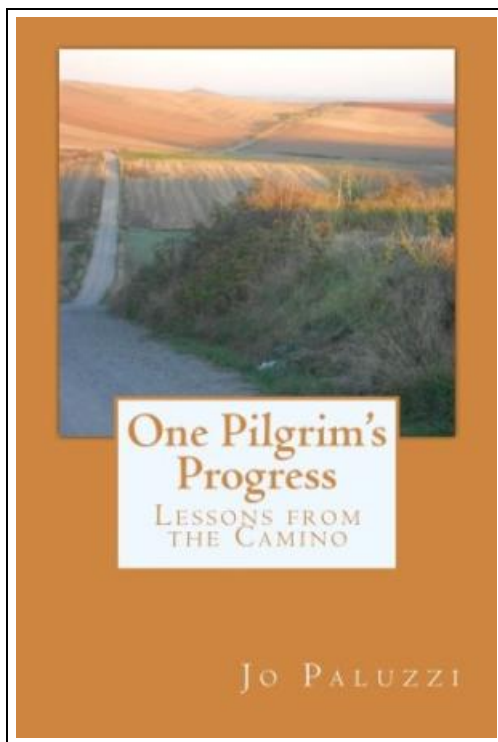


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Reviews

It is one of the best publications. It is among the most remarkable publications I have read through. Your lifestyle period will change once you complete reading this article publication.
(Crystal Rolfson)

ONE PILGRIM S PROGRESS: LESSONS FROM THE CAMINO (PAPERBACK)



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Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This is an account of what the middle of loss looks like: the loss of a beloved parent, a job, a professional identity, and a home. This is neither a detailed history of the beginning of those losses nor their end- the final outcome is still a work in progress. This is about the scary, mushy, black middle, after all the disasters have already come crashing down and you are forced to step into and over the debris every time you force yourself to get out of bed in the morning. Walking part of the way across northern Spain in the footsteps of millions of pilgrims going back to the 9th century inexplicably felt like the perfect way to literally and figuratively move forward. This book is an account of my experience on the Camino de Santiago de Compostela in the fall of 2011 (with a chapter to detail the back story). There is a spectrum of motivating factors that draw people to the Camino. On one end are those who take the spirituality and the historical depth of the religious experience associated with the Camino very seriously. On the other are those for whom the sheer physicality of walking or biking across such a challenging expanse is irresistible. In between are people with a range of motivations, many combining some of the elements from both ends. As for me, I was somewhat of an outlier, motivated by neither end of the spectrum. I was simply running away. I suspect I was not the first pilgrim to seek an escape into the anonymity and in-the-moment demands of life on the Camino nor will I be the last to discover that at...



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