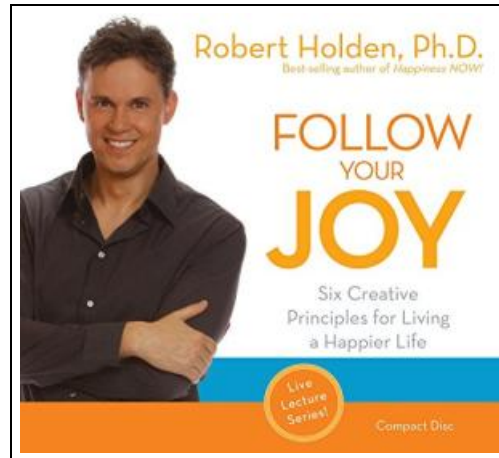


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FOLLOW YOUR JOY: SIX CREATIVE PRINCIPLES FOR LIVING A HAPPIER LIFE



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Hay House Inc, United States, 2012. CD-Audio. Condition: New. Abridged edition. Language: English . Brand New. In this inspiring and entertaining talk, recorded live in front of thousands of fans, Robert Holden calls on you to follow your joy. With his trademark wisdom and humour, Robert shares a creative mix of insights, principles, and methods to help you live a more joyful life. Key themes include: *A Call for JOY: the courage to live an authentic and creative life. *A Daily Choice: some of us chase happiness, and others choose happiness. *The Real More: getting clear on the sacred stuff of your life. *Shift Happens: giving up all hopes for a better past and living happily even after. *Happiness NOW: using the power of happiness to be a truly loving presence in the world. Following our joy is our way of connecting with our original energy, Robert says. When we follow our joy, we make a deeper contact with the fullness of our being. So join Robert in following your joy, and discover how to reawaken your passion for living.



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