



You Are Old: Sobering Affirmations for Your Rapidly Disappearing Life

By Oswald T Pratt

Andrews McMeel Publishing, United States, 2012. Paperback. Book Condition: New. Original.. 175 x 124 mm. Language: English . Brand New Book. Did you suddenly wake up and realize you are old? How did this happen? Where did all your youthful health, energy, and beauty go? And what can you do to recapture it and revitalize your life? Nothing. You re old. From the New York Times best-selling authors of You Are Worthless and Just Give Up comes an even less inspiring book for those past their prime. One of Scott Dikker s most hilarious creations, Dr. Oswald T. Pratt is a sad and seriously inept marriage and family counselor barely holding on to his rapidly retreating 40s. And he s out of shape, too. So he knows the pain of growing old. In You Are Old, he offers steaming buckets of wisdom crafted especially for those wracked with memory loss and other aged infirmities. * Dating after 40: good luck with that. * Ear hair: how did you get so much of it? * You re past your prime. Your best days are behind you. You re over the hill. Your body doesn t bounce back like it used to....



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