



Fire and Water: A Safe Journey Through Multiple Personality Disorder

By Anna Ferne Thomas

Robert D. Reed Publishers. Paperback. Book Condition: new. BRAND NEW, Fire and Water: A Safe Journey Through Multiple Personality Disorder, Anna Ferne Thomas, This is a true account of discovery, validation, and healing from sexual and ritual abuse. A therapeutic memoir written from a Christian perspective about the emotional, physical, spiritual, and psychological aspects of coping with multiple personality and the reality of ritual abuse, it gives deep insight into the daily trials the couple face. It reads like a mystery novel with clues coming along a little at a time in an effort to solve the whole puzzle. It will become a practical companion for other multiples and their spouses while in recovery, as well as for others who struggle with issues of past trauma. It has marvelous momentum and narrative. Anna Thomas presents a very moving, very real, very powerful story revealed through frequent highlighted excerpts from a journal. Her writing is candid, transparent, and sincere all the way through.

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