



## Heavenly Poems for You (Paperback)

By Angela Peters

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.About Me I was born three months early with Cerebral Palsy at Hurley Hospital in Flint, Michigan. Cerebral Palsy is a medical condition that makes your muscles contract constantly, except for when you are sleeping. I tried taking the medication that will allow the muscles to loosen up when I was younger but the side affects were tremendous. There is now new technology that a pump can be implanted into the body which will distribute medicine when needed. After careful thought I decided against the pump. I have learned over time that the only part of my body that is really tight are my hips. The alternative to taking medicine is to exercise daily. If a person with Cerebral Palsy does not exercise enough their muscles contract and stay tight and the result would be the inability to move that part of your body.



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