



TODAY'S GOURMET : Light and Healthy Cooking for the '90s

By Pepin, Jacques; Brandt, Linda (Managing Editor)

KQED Books, San Francisco, CA, 1994. Soft Cover. Condition: NEW. Nikolay Zurek (Photographer) (illustrator). First Edition, 7th Printing. BRAND NEW COPY w/trace surface wear to softcover. Sensible cooking with any eye to "conviviality and joie de vivre" in the kitchen, a richer life and healthy eating. Full course menus from French-born chef, television personality and author, Jacques Pepin (1935 -). Illustrated w/color photos and concluding with Postscript, Nutrition, and Nutritional Charts.



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