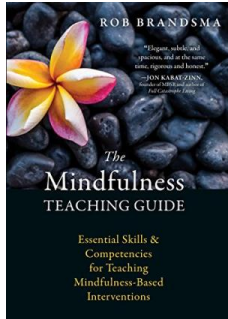


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THE MINDFULNESS TEACHING GUIDE: ESSENTIAL SKILLS AND COMPETENCIES FOR TEACHING MINDFULNESS-BASED INTERVENTIONS (PAPERBACK)



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