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WELL PLAYED: THE ULTIMATE GUIDE TO AWAKENING YOUR FAMILY'S PLAYFUL SPIRIT (PAPERBACK)



HarperCollins Publishers Inc, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. From Today Show contributor, Meredith Sinclair, comes this ultimate resource for awakening your playful spirit, jumpstarting your relationships, and upping your happiness quotient. In our age of digital addiction, many of us have lost our ability to be spontaneous. More parents are complaining that they no longer even remember how to play with their children, their spouse, and even with their own friends. Don't fret!...

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- Authored by Meredith Sinclair
- Released at 2016



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