



You Thought You Couldnt Change, Either

By Andre' Gilchrist

AuthorHouse. Paperback. Book Condition: New. Paperback. 124 pages. Dimensions: 8.8in. x 5.8in. x 0.5in. You Thought You Couldnt Change, Either is a book about the true accounts of the life of Andre Gilchrist. The book is written by Andre Gilchrist and explores how this individual went from living a life of serenity and peacefulness to living a life full of mental, physical, intellectual and spiritual degradation and how he was able to bring himself out of that lifestyle to living the life he lives and enjoys today. The book is written in two parts: You Thought You Couldnt Change, Either and Fear of Intimacy. This book is written with the intention of allowing people to see and internalize the concept that no matter where one is in their life process that they can stop and turn their lives around. The first part of the book is devoted to showing in a chronological process the writer hitting rock bottom and then working his way out of that predicament. The second part of the book deals with the concept of intimacy as it was pivotal in the writers life. It also deals with the life and struggles of the author and a more...

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-- Prof. Hilma Robel

Complete guide! Its such a great study. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Dr. Hermann Marvin PhD