



Hpv a Guidebook to Infection with Human Papillomavirus and How to Fight Back! (Paperback)

By Laura F McKain MD

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.What if just going to the doctor isn't enough? Over 80 of women will get infected by HPV, a sexually transmitted virus that can cause genital warts and cervical cancer. Dr. Laura McKain has helped many women overcome HPV infection in her gynecology practice, going beyond what the medical textbooks cover. In HPV: A Guidebook to Infection with Human Papillomavirus and How to FIGHT BACK, Dr. McKain shares her insights so you can too. In clear, straightforward terms, HPV explains everything you need to know about preventing, diagnosing, and treating HPV and the conditions associated with it. Most importantly, HPV empowers you to take action against HPV, by giving you the kind of prevention and holistic treatment information your doctor just doesn't have the time to cover. You'll learn: The different types of HPV, how they're diagnosed, and how to treat them The foods and supplements that may help you clear HPV Why vaccines and condoms can sometimes help--AFTER you've been infected Why you need to reduce stress and get some sleep to get well...

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