



How Your Horse Moves: A Unique Visual Guide to Improving Performance

By Gillian Higgins

David & Charles. Paperback. Condition: New. 160 pages. Dimensions: 10.3in. x 7.6in. x 0.5in. Take a Fresh Look at Equine Anatomy and Biomechanics with This Graphic Guide to How Horses Move, Presented from the Inside Out. Understand how bones and muscles work together to produce movement by seeing the musculoskeletal system painted on a real equine canvas. Discover how correct riding and training can bring out the best in your horse - increasing fitness, strength and balance by seeing exactly what happens as he moves. Practical exercises and stretches demonstrate how you can improve suppleness, reduce the risk of injury, gain confidence and develop a deeper rapport with your horse. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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