



## Ketogenic Diet Slow Cooker \*\*\*Large Print Edition\*\*\*: Quick and Easy Low Carb Keto Diet Crock Pot Recipes (Paperback)

By Madison Miller

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Large type / large print edition. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Enjoy some of the most delicious ketogenic meals while preparing them with little time and effort invested. \*\*\* LARGE PRINT EDITION\*\*\* A ketogenic diet is a dietary approach that can quickly lose weight and improve your health in more ways than any other diet out there. When you eat ketogenically, you get to eat with pleasure and enjoy some of the most delicious and richest ingredients. Each recipe in this book has eight or fewer grams of net carbohydrates, making them perfect for your ketogenic lifestyle. Here s what you ll get out of this cookbook: Spending less time in the kitchen Eating healthy and delicious meals Recipes that will satisfy even the pickiest eaters The many benefits of following a ketogenic diet include: Lose weight, gain mental clarity, feel energized, and more An awesome variety of ketogenic slow cooker recipes that are easy to prepare Each recipe comes with complete nutritional information, so you know exactly what you are eating Inside, you ll find: An introduction to the ketogenic slow cooker diet. Slow and easy...

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