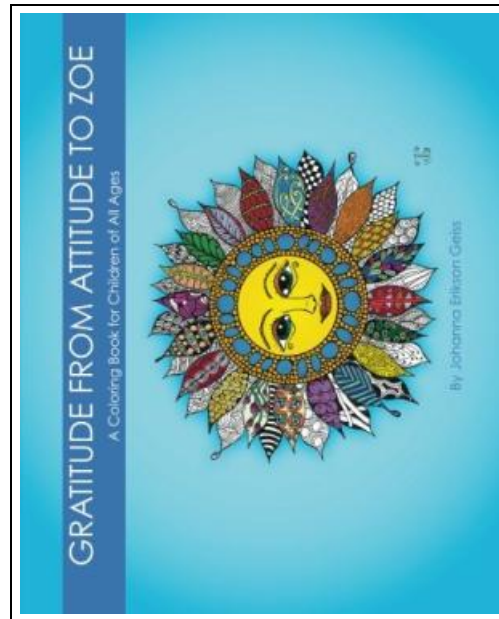


Gratitude from Attitude to Zoe: A Coloring Book for Children of All Ages



Filesize: 3.9 MB

Reviews

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(Vincenza Hand)

GRATITUDE FROM ATTITUDE TO ZOE: A COLORING BOOK FOR CHILDREN OF ALL AGES



Johanna Erikson Geiss, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.This is a coloring book that explores the super power of gratitude. Each page has an A to Z Gratitude writing paired with an illustration for you to color. If you and I were sitting together in a coffee shop I would tell you how my gratitude journey started. I would start by introducing you to Neahma, an old wrinkled Native American Indian journey guide whol first met when she was stirring a pot outside of a teepee in one of my night dreams.She has silvery white hair and a wrinkle lined face, she wears bright colors like rich yellows and deep purples and when we meet now during Shaman journeys, instead of a night dream, she gives me life s lessons of wisdom. On one such journey she gifted me with this lesson: JoJo, when you find yourself swirling in chaos first you have to stop the spin, you can grab a tree or anything solid and stable even if you are grabbing it in your mind s eye. Grab ahold and hang on until you are still. Once you stop the spin start making a list of everything you are grateful for, make lists in your mind, make them on paper, write them with a stick in the earth. Make gratitude lists and their magic will save you. I have found this advice from Neahma to be a super power over the last 20 years. My wish for you is that you also follow Neahma s lesson, become still by coloring in this book, make gratitude lists of your own and find your super power, because gratitude is a super power, one we all...



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