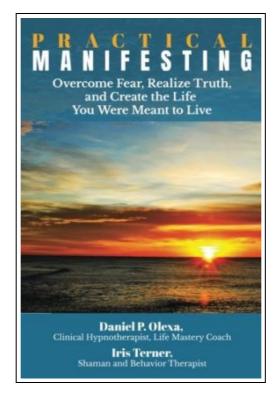
# Practical Manifesting: Overcome Fear, Realize Truth, and Create the Life You Were Meant to Live (Paperback)



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## Reviews

Great eBook and useful one. We have go through and i also am certain that i am going to likely to read through yet again once more in the foreseeable future. Your lifestyle period will likely be transform once you comprehensive looking over this book.

(Carter Haag)

# PRACTICAL MANIFESTING: OVERCOME FEAR, REALIZE TRUTH, AND CREATE THE LIFE YOU WERE MEANT TO LIVE (PAPERBACK)



Daniel Olexa Hypnotherapy, LLC, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*.Practical Manifesting brings a much-needed grounded perspective to the manifesting genre and concepts of the Universal Laws (including the often-misunderstood Law of Attraction). If you have read previous books on these topics and have been left feeling disappointed when wishing alone didn t make it work, this is the hands-on, practical book for you. This book supports the growth and development of individuals as they learn the secret behind manifesting their goals or intentions while overcoming fears and creating a life they were meant to live. It bridges the gap between spiritual concepts and grounded action, connecting two worlds that have been separated for too long. Beginning with exercises and meditations to clarify your vision and intention for your life, clinical hypnotherapist, Daniel Olexa guides readers to understand how learned, faulty subconscious beliefs create unseen obstacles to the realization of their goals. Overcoming these blocks is key to actualizing your intended outcome. At the spiritual level, the authors offer a discussion on chakras, how the energies and beliefs centered in each create obstacles to the manifesting process. Meditations and enlightening information from shaman and behavior therapist, and co-author, Iris Terner lead readers to examine and clear the energies at each point, moving from survival mode, step by step to full awakening and actualization. Dan and Iris are committed professionals who have assisted countless people over the many years of their practices to heal and realize their personal truth. Iris also is a spiritual teacher who over the last 20 years, has dedicated herself to teaching those who are ready to realize their True Self and Higher Self in hopes of realizing the ultimate truth of all.

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