



The Darkness and the Dawn (Paperback)

By Joanna Harker Shaw

Lulu.com, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In an attempt to promote the discussion on mental health, the author present to the reader a collection of poetry written at a time of terrible depression in her life. Huge numbers of people experience mental illness, and everyone will experience it differently. The author shares her story, in the hope that others will find comfort in it.



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Reviews

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