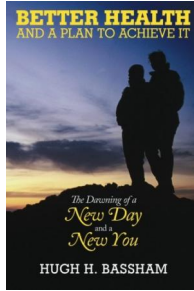


## Better Health and a Plan to Achieve It: The Dawning of a New Day and a New You (Paperback)



### Book Review

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