



Ladybird Coloring Book: A Stress Relief Adult Coloring Book Containing 30 Pattern Coloring Pages. (Paperback)

By Crystal Coloring Books

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Do you love coloring or know someone that does? Then this coloring book is for you, or it will make a great gift idea for your family and friends. Coloring is an excellent way to relax and unwind. Recent studies have shown that adult coloring books can help reduce stress and promote mindfulness. The 30 pages in this doodle style Ladybird coloring book have been lovingly drawn by an Artist that specialises in Adult coloring patterns to reduce stress. The pages in all of our books are printed single sided, this means you can trim them out if you re using markers. So pick up your favourite pencils or markers and settle down with this book for some relaxation. Happy coloring!.



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Reviews

Extensive guide! Its this kind of great read. It is really simplistic but excitement from the 50 percent of your pdf. I am just quickly will get a pleasure of looking at a composed book.

-- **Tomasa Bins**

The publication is easy in read better to understand. It is written in basic words and phrases rather than hard to understand. You wont truly feel monotony at anytime of your respective time (that's what catalogues are for about if you question me).

-- **Kaya Rippin**