



## Simplifying Your Life - Learning How to Live Instead of Just Existing!

By Dueep Jyot Singh, Managing Director John Davidson

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Table of Contents Introduction Failure As a Stepping stone Stock Taking and Introspection Spiritual Quotient - SQ Building Bridges and Making Amends Making Changes in Your Lifestyle Conclusion Author Bio Publisher Introduction Most of us are so taken up with the rat race of the 21st-century, that we have forgotten about how to live. We are existing only to pile up more and more material things and thus cluttering up our lives. Just look all around you. The majority of us are so busy earning money and a name for us is that we have forgotten how to make a real life for ourselves. Let us take an example of a man who decides at a very young age to be one of the success stories of the century. He is obsessed with earning money and he works 18 hours out of 24 to achieve that particular goal. And one day, if he is fortunate, his example is going to be set up as an example to be followed by other ambitious young men coming after him. People...

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