



When I'm Not Myself

By Wolf, Deborah J.

Kensington Pub Corp, E Rutherford, New Jersey, U.S.A., 2007. Soft Cover. Book Condition: New. Once again, with astonishing truth and refreshing humor, Deborah J. Wolf brilliantly depicts a woman's real joys and sorrows during love, loss, and starting anew. Sometimes a marriage is over long before it officially ends. When Cara's husband packs a bulging suitcase and leaves her for a younger woman ironically named Barbie, Cara can only say, "That's it?" before the tears begin. Now Cara has lost three dress sizes while picking up the pieces of her life with four kids and no man, and a mother whose idea of support involves detailing how Cara didn't do enough to save the marriage. But she is surviving with the help of her best friends: Melanie, aka Mel the fixer of everything, who feels that faithless Jack's departure is the best thing that could have happened; Leah, solid as a rock, who is always there to lean on; and Paige, the casserole queen, who shows up with mac-n-cheese and sympathy. Despite frustrations and self doubts, Cara is learning to hope and heal as she transforms from a long suffering wife to the vibrant, self assured woman she was meant...

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