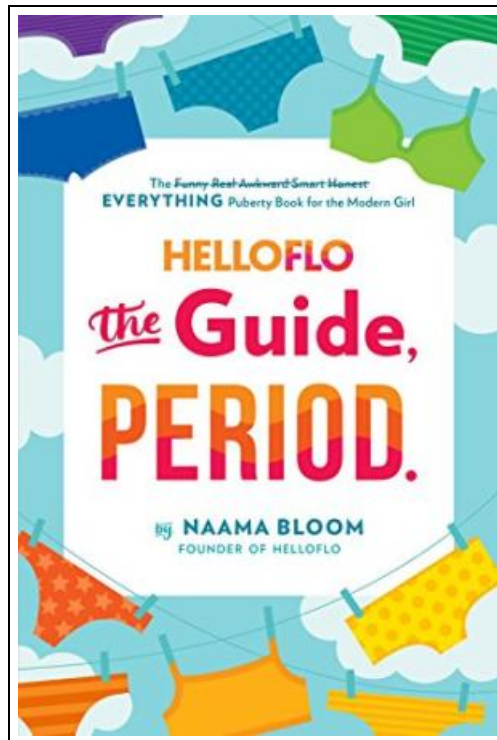


## Helloflo: The Guide, Period.: The Everything Puberty Book for the Modern Girl (Paperback)



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Penguin Putnam Inc, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. What we love most about this book (which we ll be gifting to our tween cousins, nieces, and daughters!) is the empowering message woven throughout: that your body is your body, as Bloom puts it, and you re the only one who gets to decide what to do with it. -- Full of practical advice, helpful explanations, and messages of encouragement.Period. -- From the founder of HelloFlo, a modern and insightful guide to periods and puberty for a new generation When will I get boobs? Does wearing a tampon hurt? What s the deal with menstrual cups? Seriously, when will I get boobs? Honest, funny, and unafraid of the messy, real-life facts about a girl s changing body, this is definitely not your mother s puberty book. HelloFlo founder Naama Bloom s mission is to create informed, empowered young women who are unafraid to ask questions and make the best choices for themselves and their bodies. A celebration of women s bodies and all the confusing, uncomfortable, silly, transformative, and powerful changes that occur during puberty. This full-color book--written by HelloFlo founder, Naama Bloom, and journalist Glynnis MacNicol--features bright, diverse, approachable illustrations and infographics, doctor-vetted information, and personal testimonials from real girls and women.



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