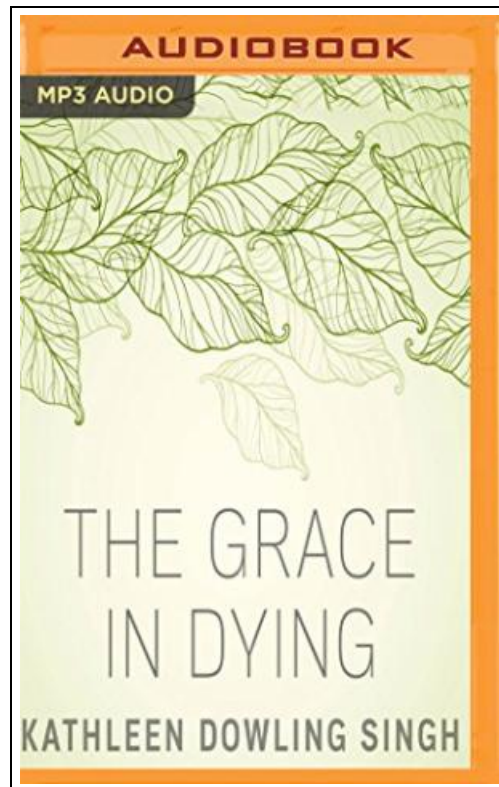


The Grace in Dying



Filesize: 3.81 MB

Reviews

It becomes an awesome publication that I actually have actually read. It really is written in simple terms and not difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Talia Cormier)

THE GRACE IN DYING

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Audible Studios on Brilliance, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. In this brilliantly conceived and beautifully written book, Kathleen Dowling Singh illuminates the profound psychological and spiritual transformations experiences by the dying as the natural process of death reconnects them with the source of their being. Examining the end of life in the light of current psychological understanding, religious wisdom, and compassionate medical science, The Grace of Dying offers a fresh, deeply comforting message of hope and courage as we contemplate the meaning of our mortality. While the prevailing western medical tradition has seen death as an enemy to be fought and overcome, Singh offers a richer and more rewarding path of understanding. Combining extensive training and education in developmental psychology with profound spiritual insight, she balances expert analysis with moving accounts drawn from her experiences working with hundreds of dying patients at a large hospice. Singh moves beyond the five stages of dying revealed in Kubler-Ross s classic On Death and Dying, and finds in the nearing death experience even more significant and forming stages of surrender and transcendence. These stages involve the qualities of grace: letting go, radiance, focusing inward, silence, a sense of the sacred, wisdom, intensity, and, in the end, a merging with spirit. Through this intense process, we come to experience at last the reality of our true self, which transcends our finite ego and bodily existence, and our merging with the source of being from which we originated. Dying is safe. In clear, nontechnical language, Singh reveals the transformations that come with dying, using the vocabulary of growing western, as well as eastern, wisdom. Written for those aware that their life is coming to an end, those who care for the dying, and, ultimately, for all of us who inevitably...

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