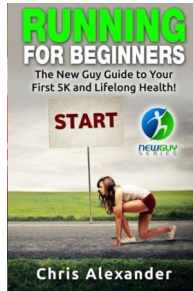


## Running for Beginners: The New Guy Guide to Your First 5k and Lifelong Health! (Paperback)



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