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## Dream Bigger: Reclaiming a Life of Joy and Ease

By Julie Wise

iUniverse, United States, 2010. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Take a moment to remember daydreaming as a child. Recall the joy, freedom, and sense of possibility you felt. Imagine being able to experience that every day! You can with Dream BIGGER, Julie Wise s heartfelt and inspiring guide to realizing your deepest desires. Using her experience as a life and relationship coach, Wise provides personal anecdotes and numerous client examples to create a living, breathing roadmap for those seeking insight and wisdom on their daily path. The workbook format deftly illustrates Wise s motivational message, giving you the chance to work through past disappointments, doubts and fears using simple yet effective techniques. She shows you how to stay focused and achieve your dreams by creating a workable action plan. Divided into easy-to read chapters, Wise offers inspiring stories from those successfully living their dreams and covers topics such as revealing the dream, befriendng the gremlins, reawakening your potential, seeing the signs, and much, much more! Your dream is within reach. Let Dream BIGGER show you how to make it a reality!.



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