



## Transform Your Life: A Year of Awareness Practice

---

By Cheri Huber, June Shiver

Keep it Simple Books, U.S. Spiral bound. Book Condition: new. BRAND NEW, Transform Your Life: A Year of Awareness Practice, Cheri Huber, June Shiver, Chosen for impact, clarity, and humour, these one-per-day quotations come from a wide variety of sources: Zen masters; Christian and Sufi mystics; Eastern and Western philosophers; poets ancient and modern; and living artists, writers, and comedians. Each entry also contains a question to prompt self-examination, making the calendar a year-long course in fending off destructive thoughts and finding inner certainty.



[READ ONLINE](#)  
[ 1.69 MB ]



### Reviews

*An incredibly wonderful ebook with perfect and lucid explanations. I really could comprehend every little thing using this written e publication. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Tomas Flatley**

*The ebook is great and fantastic. We have read and i also am sure that i am going to likely to go through once again again down the road. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Erica Turcotte**