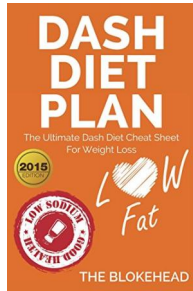


## Dash Diet Plan: The Ultimate Dash Diet Cheat Sheet for Weight Loss



### Book Review

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