



Vietnamese Cooking Made Easy: Simple, Flavorful and Quick Meals [Vietnamese Cookbook, 50 Recipes]

By -

PERIPLUS EDITIONS, United States, 2005. Spiral bound. Condition: New. Language: English . Brand New Book. Perfect for beginning cooks this beautifully illustrated Vietnamese cookbook provides easy-to-follow directions for quick and delicious Vietnamese dishes. Famous for its lively, fresh flavors and artfully composed meals, Vietnamese cooking is the genuine healthy cuisine of Asia. Abundant fresh herbs and greens, delicate soups and stir-fries, and well-seasoned grilled dishes served with rice or noodles are the mainstays of the Vietnamese table. Even the beloved snacks or desserts are often based on fresh fruits served with sweetened rice or tapioca. Rarely does any dish have added fats. Along with its delicate freshness, Vietnamese cooking is also subtle and sophisticated. It is at its best when Vietnamese cooks strive for a balance balanced between salty, sweet, sour and hot, so no one taste outranks any other. Vietnamese Cooking Made Easy features over 50 recipes, from delicate soups and stir-fries to well-seasoned grilled foods served with rice or noodles packed with fresh herbs and spices. Stunning photography and simple step-by-step instructions make this cookbook the perfect introduction to the world of Vietnamese cuisine. From chapters introducing essential Vietnamese ingredients to sections devoted to appetizers, noodles, seafood...



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