



## Boho Beach Journal: Escape to Paradise (Paperback)

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By Sandy Mahony

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Are you ready to escape to paradise? Foster, your body and mind, and spirit to focus on personal growth, mindfulness, and meditation for tweens, teens, and adults of all ages! Jot down your observations as you color these delightful boho beach huts, shells, and birds with colored pencils or crayons! Enhanced with inspirational quotes about the serenity of a day at the beach this stress-relieving coloring book, journal, or diary allows room on the pages for capturing personal musings, thoughts, prose, and sketching. Foster, your body and mind, and spirit to focus on personal growth and mindfulness, and meditation for tweens, teens, and adults of all ages! A convenient journal/sketchbook that fits into most purses, backpacks, and totes. Have you seen our other boho journals? Enjoy our Woodstock Journal, Boho Chic Journal, Boho Holiday Puppies Dogs, or Boho Hipster Fashion Journal Sketchbook!.

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