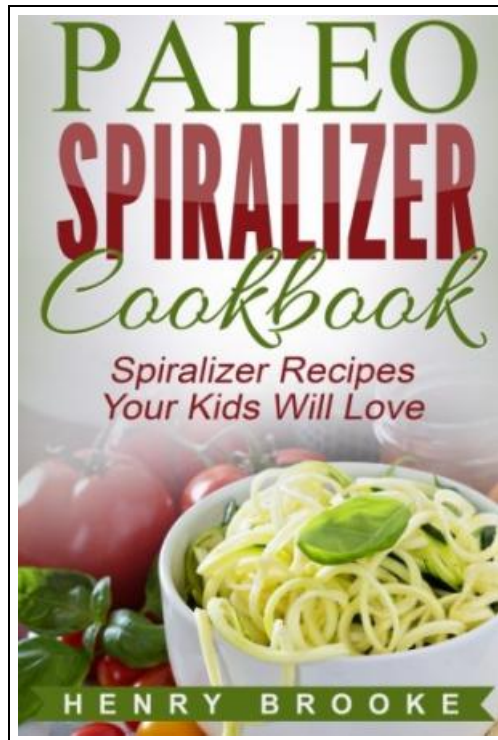


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## SPIRALIZER COOKBOOK: PALEO SPIRALIZER RECIPES YOUR KIDS WILL LOVE (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. As caring parents, we would all like to set a plate of healthy food in front of our little ones and watch as they eat every last bite without complaint This recipe book is all about Paleo Spiralizer recipes; there are thirty different recipes within the pages of this cookbook and each and every single one is delicious and unique in its own way. You can easily make them for yourself and your kids or you can make them for friends or events such as holidays or gatherings. With so many different kinds to choose from you will be sure to find one to suit every kind of craving that your child may have; sweet, tangy, sour, refreshing, spicy, etc. These recipes are great for lunch, dinner, as a snack or even for breakfast; of course, it depends on which one you are going to make to eat and when. Believe it or not Paleo spiralizers not only taste delicious but look tempting as well. A large variety of vegetables and other healthy ingredients are used to make all of these recipes; they are designed to provide the body with all of the essential vitamins, minerals and nutrients that are needed for the body to properly and healthy work. By the end of this recipe book you will have tried a lot of different foods that you never thought you would have tried or that you would ever think could actually taste good. When it comes to these recipes it is best to keep in mind something you more than likely have learned; that you should not judge a book by its cover, so you should not decide whether...



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