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Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A Cookbook of Healthy Delicious Indian Recipes for Vegan Vegetarian Lifestyles. Indian recipes are popular throughout the world and are known for their spicy and flavorsome food, however India also has a very long history of vegan and vegetarian cuisine providing a wide variety of choices for those that follow this type of lifestyle. This vegan and vegetarian Indian recipes cookbook focuses on some of the favorite vegan and vegetarian dishes throughout India. Need a spicy change from the usual vegan or vegetarian meal? Are you bored of the same type of meals in other vegan cookbooks or feel limited by the vegan and vegetarian options you currently have? Well, you can be reassured that there is no tofu here! Indulge yourself in these popular tasty recipes and sensational smells that are sure to add another dimension to your cooking. If you have a real love of Indian food, add to your cooking repertoire with India s favorites! This book can be used as an Indian cookbook for beginners and also for those that are more advanced. The recipes in this book are known to be popular within India and will provide you with some of the great tastes that you may be familiar with, but with variation. Enjoy restaurant quality recipes that cover breakfast, curries, flatbreads, snacks and desserts. Included in this cookbook are recipes such as: Rice flakes (Poha) Steamed Cake (Dhokla) Chickpea curry (Amritsari Chole) Gatte ki Sabzi Aloo paratha Garlic Naan Vegetable Biryani Samosa Bhelpuri Rice Pudding Gulab Jamun And many more Do you have an upcoming gathering or celebration? Add some variation to the meals that you will be preparing for a dinner or family gathering. Ensure...

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