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# It s Your Time: Information to Get You Ready for a Great Retirement (Paperback)

## By Donna McCaw

BPS Books, United States, 2017. Paperback. Condition: New. 2nd ed.. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. According to retirement expert Donna McCaw, successful retirees approach their retirement the way an experienced outdoors person approaches a canoe trip, by over-preparing and then going with the flow. Like a canoe trip, retirement can be both safe and exciting, and retirement expert Donna McCaw shows readers how in this practical and entertaining book, now fully revised and updated. It s Your Time focuses on retirement advice for Canadians, but its principles are applicable to retirees anywhere. McCaw shows how you can plan the retirement that fits you - how you can enter this fulfilling time of your life with confidence and flexibility, prepared for some pleasant surprises. It s Your Time gives you a heads-up in the areas of: GETTING STARTED - The emotional issues you need to consider before you make the leap into retirementFINANCES - The importance of knowing the financial facts about retirement, including your current worth and your cash flow now and during the stages of retirementHEALTH AND WELLNESS - The top health issues affecting women and men and how to prevent or manage...



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