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Transcending Sorrow and Suffering (Trust-Test-Taste): Trust - Test - Taste (Paperback)

By Col Bishan Singh

Partridge Publishing, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Self realization is the key factor to transcend sorrow and sufferings. Sorrow and suffering are the products of mind which keeps weaving illusory and imaginary world at its own as it happens during the dream. Sorrow and sufferings are dissolved when one goes beyond mind through enriching consciousness, free of contents. Mind remains restless, disturbed and noisy when it is loaded with information and worldly knowledge. Non desiring and non wavering mind is required for total transformation to experience the joy and ecstasy of your divine nature. Living a self esteemed life empowers man with will, wisdom, self-confidence, inner power, purity, love, peace, joy, enthusiasm and compassion so that man strives without seeking and struggles without greed for a peaceful and harmonious living bringing order and discipline in the world, dissolving clash and conflict. This is the essence of ancient wisdom and an eternal thought which transformed man to go beyond human sorrows and sufferings. Transforming oneself is the greatest effort but most rewarding and paying. This wisdom has come to us from trustworthy and enlightened souls of the past. It had...



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