



Paleo Ice Cream: 75 Recipes for Rich and Creamy Homemade Scoops and Treats (Paperback)

By Ben Hirshberg

Ulysses Press, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. COLD * SWEET * CREAMY * PALEO Indulge yourself without giving up that healthy paleo lifestyle. With the delicious, dairy-free ice cream recipes in this book, you can delve into all your favorite flavors. Recipes range from the classics to the more sophisticated palate-pleasers, including: * Chocolate * Mint Chip * Cookie Dough * Banana Walnut * Strawberry Cheesecake * Salted Caramel * Cherry Vanilla * Chai Tea * Coconut Chocolate * Kahlua Almond Fudge * Mango Sorbet * Carrot Cake.



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