



## The Complete Book of Water Healing: Using the Earths Most Essential Resource to Cure Illness, Promote Health, and Soothe and Restore Body, Mind, and Spirit

By Dian Buchman

McGraw-Hill Companies. Paperback. Condition: New. 288 pages. Using Earths most essential resource to heal yourself Presented in a beautiful package, this authoritative guide from a leading herbalist and health writer offers you practical and scientifically sound methods of healing with the planets most abundant and most affordable natural health product--water. The Complete Book of Water Healing includes practical illustrations and step-by-step information on treating everything from childrens ailments to sports injuries with therapeutic baths, steam treatments, hydrotherapy, and more. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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