



## Soar Like an Eagle, One Day at a Time A Portrait of An Alcoholic

By Sarah Ann Bray

AuthorHouse. Paperback. Book Condition: New. Paperback. 244 pages. Dimensions: 9.1in. x 6.2in. x 0.7in. The story begins in a Northern Wisconsin resort area, and is told by Sarah Ann Bray Regent. She and her husband purchased a bar after he was injured in a bar fight. Good thinking! She was against buying a bar from the start. No one in their right mind would take over a condemned kitchen and try to make a go of it. She did it, though, and the business was booming. Her worst problem was the drinking, hers and his. After the birth of her last son, Bobby, at age forty-three Sarah decides to quit drinking. She hates the life they are living in the bar, Carl's mental and physical abuse, and her own abuse of alcohol. Ilka, a lady she has befriended, puts her in touch with Alcohol Anonymous. When she stopped drinking, the physical abuse and Carl's infidelity got worse. He beat her so badly in an angry rage that she is taken to the hospital by ambulance and almost dies. Carl is passed out drunk, while Bobby sleeps. After her release from the hospital, Social Service arranges a stay for her and Bobby...

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