



DOWNLOAD



READ ONLINE

[ 2.51 MB ]

## Letters to Sofia about Happiness: Life Lessons Inspired by Socrates, Plato and Aristotle (Paperback)

---

By Raffaele Tamborrino

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A father, living far away from his family because of his work, decides to write some letters to his daughter Sofia. His letters are animated by the desire to support her growth and to teach her important moral values. Inspired by Socrates, Plato and Aristotle, he puts together lessons of philosophy, ethical teachings and his personal considerations, all of which are useful for reflecting on how to make our lives happier. In Letters to Sofia about Happiness, the author explains, with simple language and a practical approach, the thoughts of these leading philosophers of Athens with the intention of demonstrating the accessibility of their theories. The teachings of these three great fathers of Western philosophy, together with pearls of wisdom borrowed from other important thinkers, become a precious guide to understand how to develop an authentic life. A challenge to the readers? Maybe. Perhaps these letters will appear bizarre in the present day. And if it were not so bizarre? Discovering (or rediscovering) these great classics could be a very wise choice. From the Preface by Antonella Di Maio Letters to Sofia...

### Reviews

*It becomes an amazing pdf that I actually have ever go through. This is for those who statte that there had not been a worth reading through. You will like how the author create this pdf.*

-- Prof. Lonie Roob

*This type of publication is every little thing and got me to seeking in advance and much more. I could possibly comprehended every little thing out of this created e publication. I am happy to explain how this is the finest pdf we have study in my very own life and can be he greatest ebook for actually.*

-- Miss Berenice Weimann Jr.