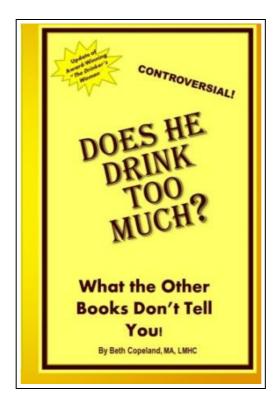
# Does He Drink Too Much? (Paperback)



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# Reviews

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#### DOES HE DRINK TOO MUCH? (PAPERBACK)



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Applied Psychology Publishing, LLC, United States, 2015. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. A man doesn t have to be what some call an alcoholic to already be wreaking havoc in the life and heart of his woman. Beth Copeland, licensed psychotherapist who has worked with alcoholics and their families for over 40 years has written this book for the woman partnered with a man who drinks too much (we call him an over-drinker). Included are numerous facts about drinking, its effects on the drinker and its treatment, many facts not widely known, as well as the impact of his changing behavior on the lives of those close to him. Copeland explains the effect of the drug alcohol on the body and the effects it creates as it changes the brain--and examines the resulting behavior. Until now, most women have responded to a drinker s bad behavior in much the same way, and with almost no lasting results. Not only has she been a therapist for over 40 years, but she had the problem herself--giving her an insider s understanding of the quirky thinking of the deteriorating drinker. Her 45 years of absolute recovery have placed her in the heart of failing and recovering drinkers (and their families) continually and she has learned worlds about drinking and drinkers and their effect on those families. Beth fills this book with her specialized knowledge, experience, vignettes--events from her experiences, and gives dozens of tricks (some call them tactics but tricks sounds like more fun--and indeed it often is). These tricks have been proved over years and years to be effective and to alter the life of the woman affected by a man who drinks too much. Tricks are broken down into very simple steps...

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