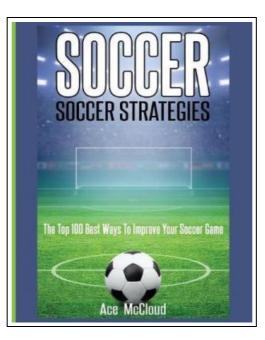
Soccer: Soccer Strategies: The Top 100 Best Ways to Improve Your Soccer Game (Paperback)



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Reviews

Excellent eBook and valuable one. It normally will not price too much. Your daily life span is going to be change once you comprehensive reading this ebook. (*Ezra Bergstrom*)

SOCCER: SOCCER STRATEGIES: THE TOP 100 BEST WAYS TO IMPROVE YOUR SOCCER GAME (PAPERBACK)



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Pro Mastery Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ***** Are you tired of your opponents running circles around you? Do you wish you could score more goals? Whether you want to (1) have better soccer skills, (2) kick the ball with more force and accuracy, or (3) be a valued member of your team, this book will teach you everything you need to know. Don t let the other team embarrass you on the field. Soccer can be one of the most rewarding games in the world. It is an extremely fun and exciting game filled with strategy, intrigue and action. Being good at soccer can be a long road of blood, sweat and tears, but it is all worth it when you can perform to the best of your abilities and help your team win! You will be amazed at how far a few basics skills will carry you once they have been totally mastered. Learn how to build up incredible soccer skills following the easy to follow and detailed instructions in this book. Keep yourself physically poised to play. Physical conditioning is the foundation for any sport, but especially for the fast-moving game of soccer. Your physical fitness level will determine how long you can play at a high level without risking injury. The better your cardiovascular and muscular strength is, the better your overall playing ability will be. I wrote this book so that you would have the nutritional knowledge and the training wisdom to prepare yourself physically and mentally for the game. In this book you will find the best exercises and training plans to get and keep yourself at the top of your game, both in season and off season. Develop your soccer brain. Soccer can be...

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