



How to Have a Balanced Life: Easy Ways to Peace and Personal Stability (Paperback)

By Susan Kersley

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Chaotic life? Never get much done? Want more balance? Simple changes can give you big results. Are you neglecting important aspects of your life because you don t have enough balance? Do you struggle to achieve what you want? Let Susan Kersley guide you through simple steps to reach your goals, find more balance and rediscover forgotten parts of yourself. The author is a retired medical doctor and was a life coach for fifteen years. How to have a balanced life is a well written, concise personal development bookwith easy to follow suggestions that will make a big difference to your life. You ll find simple changes you can make today and discover how these will have a rapid positive impact on your life. Buy the book today and find your way to peace and personal stability.

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