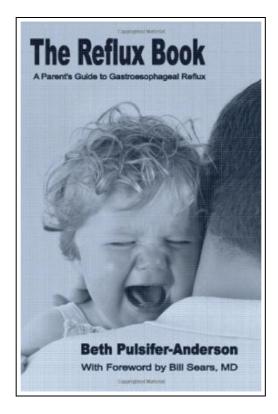
# The Reflux Book: A Parents Guide to Gastroesophageal Reflux



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## Reviews

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(Athena Jones)

### THE REFLUX BOOK: A PARENTS GUIDE TO GASTROESOPHAGEAL REFLUX



Intensive Care Parenting. Paperback. Book Condition: New. Paperback. 358 pages. Does your child have colic or acid reflux The first half of the book is for parents of infants with mild to moderate reflux. The second part of the book is for parents of older children and children with more serious problems. The book also includes a very detailed table of contents, an index, a resource list and several forms for tracking symptoms. Information on symptoms and diagnosis Common treatment and medications Techniques for sleep, feeding and comforting Ideas for coping with a high-need baby and child Suggestions for working with the medical team Parent-tested tips on caring for your child at home 193 parent stories No medical advice-only information Conversational tone and very easy to read (8th grade reading level). Covers newborns though teensMore Pre-press reviews posted on refluxbook. comREVIEW BY William Sears, MD Co-author, THE BABY BOOK and 30 other titles This book is a must-read for any family who has an infant or child with gastroesophageal reflux (GER). My interest in GER began in the early nineties when, as a pediatrician, I was uncomfortable passing babies off as having colic. I still remember a mother coming into my office with her one-month-old baby who sounded like she had typical colic. The mother said to me, Dr. Bill, I know my baby is hurting somewhere and Im going to camp out in your office until you find out why she is hurting. This mother encouraged me to keep searching for why her baby hurt, and the cause of the colic turned out to be severe gastroesophageal reflux. Since that time, I have replaced the term colicky baby with the more accurate description the hurting baby, and it turns out that many so-called colicky babies actually suffer from this...



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