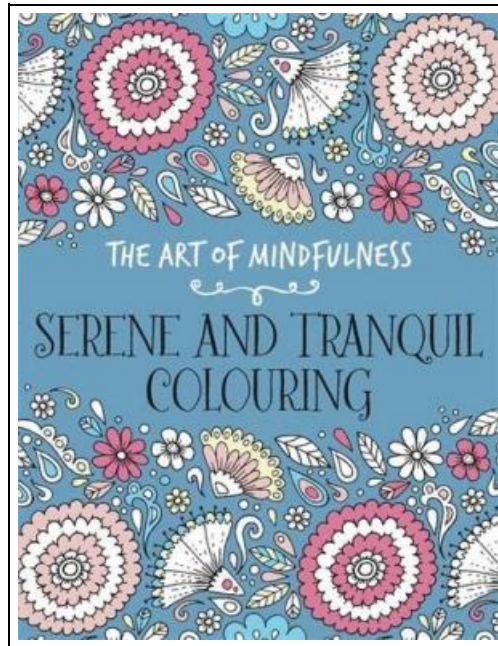


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THE ART OF MINDFULNESS: SERENE AND TRANQUIL COLOURING



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